



YOSEMITE  
CONSERVANCY

*Providing For Yosemite's Future*

## YOSEMITE CONSERVANCY OUTDOOR ADVENTURES

### SUGGESTED GEAR LIST

#### WHAT TO WEAR

Dress for mountain conditions, which means it could be stormy or warm, or both. The program continues rain or shine, so come prepared for any weather with layered clothing and waterproof outerwear, as well as sturdy footwear. Do not wear cotton. If it looks to be a cold or wet day, remember a warm hat, gloves and consider extra socks! Sun protection will be very important if it's clear. It can get very warm while traveling, and cool when not. You will want to be able to shed layers. Be sure to check the weather before you come to be sure you are fully prepared.

#### EQUIPMENT & GEAR TO BRING

- Daypack with lunch and water for the whole day-at least 2 liters
- Sunscreen, sun hat, and sunglasses
- Rain gear and bug spray
- Waterproof shoes/boots
- Restrooms-there will be some locations with bathrooms but not everywhere. When there are no restrooms you will be using the woods. All trash must be packed out; bring a plastic bag for this.

Overall, for "plein air", or outdoor painting, you want to keep your set up simple and manageable. This means that you want easy access to your supplies, with no excessive clutter, and you personally want to be comfortable.

#### **Paper:**

I recommend 9"x12" or 12"x16" pad or block of 140lb Cold Press Watercolor paper. I happen to like Arches 140lb Cold Press (green cover), but any good brand will suffice. You can choose to work larger if you wish, but remember, we will be painting outside with changing lighting conditions. Smaller sizes of paper allow you to get something accomplished without being overwhelmed.

**Brushes:** For the size paper noted above, your "workhorse" will be a #10 or #12 round brush. I like sable brushes, but they are expensive. Synthetics work fine and are much less expensive, but they carry less water. It's good to have a smaller brush too, such as a #6 round. A 3/4" or 1" flat brush is useful too for more "chiseled" shapes.

A bamboo roll-up mat or brush holder folder is a good idea to keep your brushes organized and protected.

**Paints:** Can be purchased as a pan set with pre-measured cakes of paint, or you can buy tubes of paint and a blank palette and lay out your own set-up. You want to have a "working palette" with plenty of mixing area. Once you have your palette set up, you put your tubes away and work directly from your palette. In general, I like to have the following colors, though some variation is fine:

Lemon Yellow

Cadmium Yellow

Alizarin Crimson

Cadmium Red

Hookers Green

Sap Green

Yellow Ochre

Burnt Sienna

Burnt Umber

Cerulean Blue

Ultramarine Blue

Payne's Gray

**Outdoor Equipment:** You'll need to be prepared to paint comfortably outdoors. Common sense prevails, but here are some specifics that will be helpful. Bring the following:

-Lightweight folding chair or stool

-Small, portable table (TV dinner folding table) to hold supplies

-Folding, lightweight watercolor easel with movable boom or an artist's wooden box easel.

-Lightweight board (masonite or thick foamcore "gator board") Taping your watercolor paper to the board provides a sturdy surface especially if you've purchased single sheets of

watercolor paper or a pad. If you purchase your paper in a block, you won't really need a board, which is the purpose of a block of paper.

-Water bottle (for drinking and for use in mixing colors)

-Water cup (for mixing colors)

- Sunscreen
- Sun hat
- Sunglasses
- Jacket for sun & rain & warmth
- Paper towels (for painting & lunch)

**Picnic Lunch:** As we will be painting all day, please bring a picnic lunch each day. It's fun to take a break at lunchtime and talk about how our work is progressing. Also, save some snacks and drinks, perhaps some wine, for critique at the end of the day. At 4:00pm we'll gather and show our work for the day, which is a fun & productive way to conclude the class each day! See you soon!

**Steve Curl Watercolors**

[www.stevecurl.com](http://www.stevecurl.com)

**Steve Curl Cartoons** <http://home.earthlink.net/~stevecurl/>

**Pacific Art League**

[www.pacificartleague.org](http://www.pacificartleague.org)

<http://www.pacificartleague.org/pal-promo-videos>

**Portola Art Gallery** - [www.PortolaArtGallery.com](http://www.PortolaArtGallery.com)

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