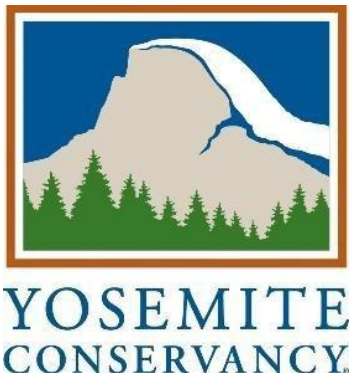


Suggested Mule Supported Backpacking Pack List
Yosemite Outdoor Adventures
Yosemite Conservancy

Welcome to Yosemite Outdoor Adventures! We're excited to have you join us for your mule-supported backpacking adventure. Please review the information below as you prepare for your trip.

**What the Pack Station Provides**

The pack station outfitter will provide horses and mules, meals, kitchen and eating utensils, tents, and other group camping equipment.

**Your 30 lb Dunnage Limit**

Each participant may pack up to 30 lbs of personal dunnage for the mules to carry. This includes personal camping gear such as your sleeping bag, sleeping pad, clothing, and other items from the recommended packing list.

Please pack thoughtfully and bring only what you need. Repackage items such as toiletries, lotions, and medications into smaller quantities to help reduce weight.

**Your Day Pack**

You will carry a day pack while hiking. Keep anything you'll need during the day with you, including:

- Water
- Trail snacks
- Clothing layers
- Rain gear
- Sun protection
- Other personal essentials

**Packing Tips**

**Weight**: With a firm 30 lb dunnage limit, consider whether each item is necessary and choose lightweight alternatives whenever possible.

**Clothing**: Sierra Nevada temperatures can vary significantly throughout the day. Bring layers and avoid cotton. Synthetic or wool clothing is recommended because it dries quickly and manages moisture well. Rain gear is essential.

**Shoes**: Bring comfortable, well-broken-in hiking boots or shoes. If your footwear is new, wear it regularly before your trip to help prevent blisters and discomfort.

**Water**: Bring water bottles and/or a hydration bladder with a total capacity of 2–3 liters. You will also need an appropriate method for treating backcountry water, such as a water filter, purification tablets, or UV purifier.

The packing list on the following page is intended as a guide. Taking the time to plan carefully and pack efficiently will help make your trip more comfortable and enjoyable.

# MULE SUPPORTED BACKPACKING CHECKLIST

**RECOMMENDED ITEMS:**

- ❑ Sleeping bag with a comfort range of 0-30 degrees and a moisture proof ground cloth.
- ❑ Air mattress or small 1/4"-1/2" foam hip pad recommended - your night's rest will affect your next days enjoyment. Bring the best sleeping pad you can manage.
- ❑ Broad-brimmed hat is essential for protection from sun at high altitude.
- ❑ Sunglasses (RX glasses) - high altitude sun is BRIGHT!
- ❑ Coffee mug (plastic for camp)
- ❑ Water filtration system
- ❑ Water bottle (2 L carrying capacity)
- ❑ Headlamp/Flashlight and extra batteries
- ❑ Rain jackets and pants
- ❑ Light jacket (windbreaker)
- ❑ Wool or fleece pullover/sweater (layers will keep you comfortable)
- ❑ Heavy/Insulated jacket
- ❑ Bandana
- ❑ Warm hat and gloves/mittens
- ❑ Hiking shoes
- ❑ Socks
- ❑ Shoes for camp (crocs, athletic shoes, etc)
- ❑ Shirts and pants (long sleeved shirts offer sun, bug and branch protection)
- ❑ Underwear
- ❑ Bath towel/wash cloth
- ❑ Insect repellent
- ❑ Toothbrush/toothpaste
- ❑ Comb/brush clips/pins/ponytail holders
- ❑ Shaving kit (a small mirror is helpful)
- ❑ Sunscreen (lotion, cream or stick)- use liberally for sunburn and chapping prevention.
- ❑ Chapstick with sun protection SPF 15 or better
- ❑ Moisturizer (cream or lotion - altitude and sun can be dry and chap skin)
- ❑ Prescription medicine (if required - if you have any allergies, remember to bring appropriate medication)
- ❑ Band-aids, aspirin, ibuprofen, eye drops, moleskin for any blisters. Your guides will also have medical kits
- ❑ Kleenex
- ❑ Jogging suit (sweats are comfortable for after-swim and campfire lounging)
- ❑ Mosquito head net

Continued...

**OPTIONAL ITEMS:**

- Small notepad and pencil
- Camera
- Binoculars
- Field Guide
- Trekking Poles
- Pocket Knife/Multi tool
- Art Supplies
- Reading materials

Questions?
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