



WHAT TO BRING

Pack to be Zero Waste. Plan ahead and prepare before your trip with these tips.

General Day Supplies

Remember that you want to be able to carry your supplies efficiently! Come prepared with a setup that is compact enough to carry around. Striking a balance between comfort and efficiency is the key.

- **Backpack** to hold all your supplies and keep your hands free as you walk around.
- **Clipboard or piece of foam board** for support under your paper or sketchbook.
- **Portable stool, camping chair, sitting pad, or towel** to sit on.
- **Weather-appropriate attire** (packable waterproof jacket for unexpected rainstorms).
- **Sturdy, water-resistant hiking shoes or boots.**
- **Sunscreen, sunhat, and sunglasses.**
- **Personal first aid kit.**
- **Bug repellent.**
- **Lunch, snacks, and plenty of drinking water** (a reusable bottle is handy for refilling).
- **Bicycle** (optional; but can be helpful to bring to get around Yosemite Valley).

Essentials

- **Warm jacket and rain jacket**
- **Long underwear**
- **Dry fit shirts**
- **Hiking pants**
- **Hiking shoes and socks**
- **Headlamp and flashlight**
- **Hats**
- **Gloves**
- **Sun protection**
- **Toiletries**
- **Bathroom kit**

Camping Gear

- **Tent w/ rainfly and stakes**
- **Sleeping bag and pad**
- **Gear repair kit**
- **Camp sandals**
- **Camp stove and fuel**
- **Cookware and utensils**
- **Snacks and meals**



ART SUPPLIES

GOUACHE TUBES (14 ml): Please when purchasing paints, make sure you are buying "water-based" and not "acrylic". Please make sure to bring the tubes with you to the retreat in case you need to refill your palette!

- **Ultramarine Blue**
- **Cobalt Blue**
- **Hansa Yellow**
- **Alizarin Crimson**
- **Cadmium Red**
- **Burnt Umber**
- **Titanium White**
- **Other favorite colors** you use often!

PLASTIC PAINT PALETTE with adequate space for mixing colors. Paint should be squeezed into the palette before the retreat so that you're not dealing with a messy palette. Please bring the paint tubes in case you need to refill your palette!

SKETCHBOOK of your choice! Instructors Joa and Kelly recommend a toned tan heavy weight sketchbook with a landscape binding, size 8.5"x11" or smaller. Strathmore makes a great version of this. If your sketchbook does not have a hard cover, it can be convenient to have support under your sketchbook while working in the field, such as a clipboard or piece of foam board. Suggested sketchbooks:

- [Strathmore Sketchbook](#)
- [Borden & Riley Sketchbook](#)
- [Hahnemuhle Sketchbook](#)
- [Stillman & Birn Sketchbook \(Nova Series\)](#)

BRUSHES: In addition to your tried-and-true favorites, Joa and Kelly suggest a ¼" stroke, ½" stroke, and a #4 round.

WATERPROOF PENS: bring one or two black ink pens with waterproof ink. You can choose fine or brush nibs (or both) based on your personal preference. Suggested brands: Sakura Pigma Micron PN, Copic Multiliner, or Staedtler Pigment Liner Markers.

PENCIL and ERASER: Regular or mechanical. Don't forget a pencil sharpener and a small baggie to catch pencil shavings if you bring a regular pencil!

WATER CONTAINERS: You'll need two small cups to hold water while painting and two containers to carry water. [Collapsible cups](#) are terrific for saving space when hiking and backpacking, but they are not necessary for the workshop. Nalgene bottles or [soft water bottles](#) are great for carrying water — you'll need one to refill your water cup and one to carry out dirty paint water.

SMALL WATER SPRAY BOTTLE to mist dry colors.

PAPER TOWELS to help clean your brush between colors.

BINDER CLIPS to hold paper down in variable outdoor conditions.