



WHAT TO BRING

Pack to be Zero Waste. Plan ahead and prepare before your trip with these tips.

General Day Supplies

Remember that you want to be able to carry your supplies efficiently! Come prepared with a setup that is compact enough to carry around. Striking a balance between comfort and efficiency is the key.

- **Backpack** to hold all your supplies and keep your hands free as you walk around.
- **Clipboard or piece of foam board** for support under your paper or sketchbook.
- **Portable stool, camping chair, sitting pad, or towel** to sit on.
- **Weather-appropriate attire** (packable waterproof jacket for unexpected rainstorms).
- **Sturdy, water-resistant hiking shoes or boots.**
- **Sunscreen, sunhat, and sunglasses.**
- **Personal first aid kit.**
- **Bug repellent.**
- **Lunch, snacks, and plenty of drinking water** (a reusable bottle is handy for refilling).
- **Bicycle** (optional; but can be helpful to bring to get around Yosemite Valley).

Essentials

- **Warm jacket and rain jacket**
- **Long underwear**
- **Dry fit shirts**
- **Hiking pants**
- **Hiking shoes and socks**
- **Headlamp and flashlight**
- **Hats**
- **Gloves**
- **Sun protection**
- **Toiletries**
- **Bathroom kit**

Camping Gear

- **Tent w/ rainfly and stakes**
- **Sleeping bag and pad**
- **Gear repair kit**
- **Camp sandals**
- **Camp stove and fuel**
- **Cookware and utensils**
- **Snacks and meals**



GUIDE TO ART SUPPLIES

Essential Art Supplies

- **Watercolor set**
- **White gouache tube**
- **Brushes**
- **Sketchbooks**
- **Pens**
- **Colored pencils**
- **Water container**
- **Pencil**
- **Eraser**
- **Paper towels**
- **Binder clips**

Optional Art Supplies

- **Acrylic white pen**
- **Crayons**
- **Pitt oil pencil**
- **Wax paper**
- **Small mister bottle**
- **Painters tape**
- **Scissors**
- **Water-based markers**

WATERCOLORS: A compact travel kit you can use in the field. Professional-grade watercolors recommended. If you already have a palette, bring it! The palette should, at a minimum, contain:

- **A red, yellow, and blue triad** that gives you a good set of mixes: Quinacridone Rose, Cobalt Blue, and Hansa Yellow Medium is a triad Suhita often uses.
- **An ochre and a brown**, like Burnt Sienna.
- **Convenience greens** like Green Gold, Sap Green, Pyrelene Green
- **Black** (optional)
- Any special colors you love but cannot mix! Suhita usually has a teal blue and a lavender in her watercolor palette.

GOUACHE: A single tube of white gouache. Do NOT add the gouache to your palette.

BRUSHES: At minimum, bring a round brush with a good point, size 8 or 10.

- Other brushes that are useful are a size 6 round for smaller details, and either a $\frac{3}{4}$ " or 1" flat brush for washes.
- Suhita also carries a water brush to use with white gouache.

SKETCHBOOKS

- A mixed media or watercolor sketchbook, 5"x7" or larger. Any paper on which you can use watercolor, colored pencils, and pen and ink. If you bring watercolor paper, make sure it isn't too textured.
- A second, smaller book with a thinner, smoother paper. This book is for dry media, thumbnails, notes etc.

MORE DETAILS ON NEXT PAGE!



ART SUPPLIES

PEN with black waterproof ink – Suhita uses DeAtramentis Document Ink in black, filled in a Sailor Fude fountain pen. If you are not comfortable with a fountain pen, you can use a waterproof black pen like a Micron pen or a Faber-Castell Pitt pen (0.5 tip at least). Whatever pen you use, make sure you have used it before and know it well!

Please also bring a grey water-based marker like a grey Pitt pen.

COLORED PENCILS: an assortment of regular or water-soluble colored pencils. Bring some greens, blues, and earth tones, and add in some brights like red and yellow. If you have favorite colors, add them to the mix. A black pencil is very useful. Overall, a set of 12 to 18 pencils is great. Any brand that has rich colors works!

WATER CONTAINER: You'll need two small cups to hold water while painting and two containers to carry water. Collapsible cups are terrific for saving space, but not necessary for the workshop. Nalgene bottles or soft water bottles are great for carrying water — you'll need one to refill your water cup and one to carry out dirty paint water.

PENCIL & ERASER: Suhita recommends a soft pencil, 4B or 6B. Don't forget a pencil sharpener and a small baggie to catch pencil shavings!

PAPER TOWELS to help clean your brush between colors.

BINDER CLIPS to hold paper down in variable outdoor conditions.

OPTIONAL items to bring if you have them already:

- **Acrylic white pen** for highlights.
- **Crayons** – Suhita carries a small set of Neocolor II crayons.
- **Pitt Oil Pencil.**
- **A few sheets of wax paper or deli paper** to lay between your mixed media sketches to prevent smudging.
- **Small mister** bottle to mist dry colors.
- **Painter's tape** to square off edges of thumbnails.
- **Small scissors** or utility blade.
- A few shades of **water-based markers** for quick sketching.