



WHAT TO BRING

Pack to be Zero Waste. Plan ahead and prepare before your trip with these tips.

General Day Supplies

Remember that you want to be able to carry your supplies efficiently! Come prepared with a setup that is compact enough to carry around. Striking a balance between comfort and efficiency is the key.

- Backpack** to hold all your
 - supplies and keep your hands free as you walk around.
- Clipboard or piece of foam board** for support under your paper or sketchbook.
- **Portable stool, camping chair, sitting pad, or towel** to sit on.
- Weather appropriate attire**
 - (packable waterproof jacket for unexpected rainstorms).
- **Sturdy, water resistant hiking shoes or boots.**
- **Sunscreen, sunhat, and sunglasses.**
- **Personal first aid kit.**
- **Bug repellent.**
- Lunch, snacks, and plenty of drinking water** (a reusable bottle is handy for refilling).
- Bicycle** (optional; but can be helpful to bring to get around Yosemite Valley).

Essentials

- **Warm jacket and rain jacket**
- **Long underwear**
- **Dry fit shirts**
- **Hiking pants**
- **Hiking shoes and socks**
- **Headlamp and flashlight**
- **Hats**
- **Gloves**
- **Sun protection**
- **Toiletries**
- **Bathroom kit**

Camping Gear

- **Tent w/ rainfly and stakes**
- **Sleeping bag and pad**
- **Gear repair kit**
- **Camp sandals**
- **Camp stove and fuel**
- **Cookware and utensils**
- **Snacks and meals**



Essential Art Supplies

- **Watercolor paints**
- **Watercolor palette**
- **Sketchbook and/or watercolor paper**
- **Brushes**
- **Waterproof pens**
- **Thick markers**
- **Pencil**
- **Eraser**
- **Water container**
- **Paper towels**
- **Spray water bottle**

Optional Art Supplies

- **Painters tape**
- **Binder clips**
- **Colored pencils**

PAINTS: Lindsey recommends Winsor & Newton Artist Series Tubes; Winsor & Newton Cotman has versions of these that can be less expensive and comparable, but Lindsey highly recommends the Artist Series if you can afford it. Be sure to squeeze your tube paint into your palette prior to arriving for the retreat! This helps keep your palette portable and avoid messes:

- Quinacridone Red
- Alizarin Crimson
- Rose Dore
- Green Gold
- Cadmium Yellow Medium
- Quinacridone or Transparent Gold
- Lemon Yellow
- Naples Yellow
- Indigo
- Viridian Green
- Cobalt Turquoise Light
- Cerulean Blue
- Ultramarine Blue
- Phthalo Blue

PALETTE: You can either purchase an Art Toolkit Palette or make your own by bringing a white palette that has both space for mixing your paints and placing colors. If you have a half pan set that works, too — maybe just bring a plate for more mixing surface. Lindsey recommends buying some paints that are out of the standard palette. Be sure to squeeze your tube paint into your palette prior to arriving for the retreat! This helps keep your palette portable and avoid messes.



ART SUPPLIES

PAPER:

- Arches 190- or 250-lb cold press paper, loose sheets, and/or sketchbook with watercolor paper. Any size is fine; keep in mind you will have to carry this around!
- It's helpful to also have a non-watercolor or not valuable paper sketchbook, preferably spiral-bound! This can be as cheap as newsprint.
- Instructor Lindsey also recommends bringing something to hold your paper in (like a plastic bag) so that it doesn't get damaged in your pack.

BRUSHES: Lindsey likes to have one big brush that lets her have less control and one that allows for some fun line work. Below are a few of her favorite brushes; by no means do you need all of these!

- [Princeton Neptune Synthetic Squirrel Brush](#)
- [Synthetic Squirrel Brush - Oval Wash, 1/2"](#)
- [Synthetic Squirrel Brush - Oval Wash, 1"](#)
- [Da Vinci Round, Short Handle, Size 14](#)
- [Daler Rowney Graduate White Goat Oval Wash Paint Brushes](#)

PENS: Lindsey recommends [Uniball Vision pens](#) or [Micron pens](#).

THICK MARKER(s): Lindsey enjoys incorporating markers in her work and suggests [Copic Markers](#) or [general-student grade markers](#) (colors and quantities of your choice)!

PENCIL: regular or mechanical. Don't forget a pencil sharpener if you bring a regular pencil! A small plastic baggie to catch pencil shavings is recommended as we practice Leave No Trace principles during all art programs.

LEAK-PROOF WATER CONTAINERS:

You'll need two small cups to hold water while painting and two containers to carry water. Collapsible cups are terrific for saving space when hiking, but not necessary for the workshop. Nalgene bottles or soft water bottles are great for carrying water — you'll need one to refill your water cup and one to carry out dirty paint water.

PAPER TOWELS, a sponge, or fabric to help clean your brush between colors.

SMALL WATER SPRAY BOTTLE to mist dry colors.

OPTIONAL:

- **COLORED PENCILS:** Lindsey loves using [With Colored Pencil Sets](#) that have handy interchangeable leads. There are many options to choose from, including a watercolor version! A set of standard colored pencils or colored pens will also do just fine.
- **PAINTERS TAPE** to square off edges of thumbnails.
- **BINDER CLIPS** to hold paper down in variable outdoor conditions.