



WHAT TO BRING

Pack to be Zero Waste. Plan ahead and prepare before your trip with these tips.

General Day Supplies

Come prepared with a setup that is compact enough to carry around. Striking a balance between comfort and efficiency is the key!

- Backpack** to hold all your
 - supplies and keep your hands free as you walk around.
- Clipboard or piece of foam board** for support under your paper or sketchbook.
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- Portable stool, camping chair, sitting pad, or towel** to sit on.
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- Weather-appropriate attire**
 - (packable waterproof jacket for unexpected rainstorms).
- Sturdy, water-resistant hiking shoes or boots.**
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- Sunscreen, sunhat, and sunglasses.**
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- Personal first aid kit.**
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- Bug repellent.**
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- Lunch, snacks, and plenty of drinking water** (a reusable bottle is handy for refilling).
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- Bicycle** (optional; but can be helpful to bring to get around Yosemite Valley).
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Essentials

- **Warm jacket and rain jacket**
- **Long underwear**
- **Dry fit shirts**
- **Hiking pants**
- **Hiking shoes and socks**
- **Headlamp and flashlight**
- **Hats**
- **Gloves**
- **Sun protection**
- **Toiletries**
- **Bathroom kit**

Camping Gear

- **Tent w/ rainfly and stakes**
- **Sleeping bag and pad**
- **Gear repair kit**
- **Camp sandals**
- **Camp stove and fuel**
- **Cookware and utensils**
- **Snacks and meals**



GUIDE TO ART SUPPLIES

Essential Art Supplies

- **Gouache tubes**
- **Paint palette**
- **Sketchbook**
- **Brushes**
- **Waterproof pens**
- **Value marker**
- **Pencil and eraser**
- **Water containers**
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- **Paper towels**
- **Spray bottle**

Optional Art Supplies

- **Canvas panels**
- **Hardboard**
- **Value finder**
- **Painters tape**
- **Binder clips**
- **Travel easel w/ umbrella**

GOUACHE TUBES (14 ml): Rebecca prefers Holbein and Winsor & Newton brands of gouache paint. Recommendations from her palette are listed below, but feel free to bring any gouache paint you already have! At minimum, you should have a warm and a cool tube of each primary color:

- Alizarin Crimson or Primary Magenta (cool red).
- Cadmium-free Red (warm red).
- Brilliant Yellow or Lemon Yellow (cool yellow).
- Yellow Ochre (neutral yellow).
- Aqua Blue (wonderful for skies).
- Cobalt Blue or Primary Cyan (cool blue).
- Ultramarine (warm blue).
- Large (1.25 oz) tube of “Permanent White” (Winsor & Newton). This is a must-have; we’ll use a lot of white. Note: Keep this color in the tube and do not add it to your palette!
- Additional, optional colors that Rebecca uses outside of the primary palette: Linden Green, Opera Pink, Marigold Yellow, Lilac, Spectrum Violet, and Burnt Sienna.

PAINT PALETTE (either option will work):

- Masterson Sta-Wet Palette 7”x8.5”: Great for mixing and keeping your paint wet for the retreat.
- Dugato Airtight Watercolor Palette Box (16-Well) with Lid & Collapsible Brush Basin AND Jack Richeson & Co. grey paper 6”x9” or your preferred palette to mix colors. Each paper can be reused several times prior to discarding (you can also use Sta-Wet Palette with Dugato Palette Box in lieu of the Jack Richeson paper).

MORE DETAILS ON NEXT PAGE!

SKETCHBOOK of your choice! Should be 140 lb minimum, size 8.5"x11" or smaller. Rebecca uses an 8"x10" [Stillman & Birn Nova series sketchbook](#) with beige- or grey-toned paper and a soft cover. A white-paged sketchbook will also suffice. If your sketchbook doesn't have a hard cover, it can help to have support under your sketchbook while working in the field, like a clipboard or piece of foam board, if preferred.

BRUSHES: In addition to your tried-and-true favorites, we've suggested some additional brushes below! No need to spend a lot of money on brushes.

- **Flat Brush sizes 1", ½", ¼"** or angled will work too. Recommended brands: [Blick Scholastic Short Handle Golden Taklon Brush Set - Flat Wash, Set of 4](#) OR [Royal & Langnickel Aqualon Taklon Brush Sets](#) (Angle Shape).
- **Round brush sizes 8 and 12** (optional).

WATERPROOF PENS: Please bring one or two black ink pens with waterproof ink. You can choose fine or brush nibs (or both) based on personal preference. Suggested brands: [Sakura Pigma Micron PN](#), [Copic Multiliner](#), or [Staedtler Pigment Liner Markers](#).

VALUE MARKER: [Kuretake Keicho Fude Pen: Kabura No.6](#) — two-tone pen that we will use for value studies.

PENCIL & ERASER: Regular or mechanical. Rebecca's favorite is Blackwing Pearl. Don't forget a pencil sharpener and a small baggie to catch pencil shavings if you bring a regular pencil!

WATER CONTAINERS: You'll need two small cups to hold water while painting and two containers to carry water. Collapsible cups are terrific for saving space when hiking and backpacking, but not necessary for the workshop. Nalgene bottles or soft water bottles are great for carrying water — you'll need one to refill your water cup and one to carry out dirty paint water.

PAPER TOWELS or blue shop towels to clean your brush between colors.

SMALL WATER SPRAY BOTTLE

OPTIONAL:

- **[CANVAS PANELS](#)** if you'd like to work on a piece that can be framed. Rebecca often works on 8"x10" when painting outside.
- **VALUE FINDER:** [Compose It Grid](#) (red tint).
- **1" WIDE ROLL of PAINTERS TAPE:** nice to have if you like clean edges).
- **BINDER CLIPS**
- **TRAVEL EASEL with UMBRELLA**