



Retreat Supply List

Participants are responsible for supplying their own art materials, camping gear, and food for the duration of the retreat! Below are some lists to help you prepare. If you have any questions, don't hesitate to reach out to us at art@yosemite.org!

ART SUPPLIES:

PAPER:

- Arches 190- or 250-lb cold press paper, loose sheets, and/or sketchbook with watercolor paper. Any size is fine; keep in mind you will have to carry this around!
- It's helpful to also have a non-watercolor or not valuable paper sketchbook, preferably spiralbound! This can be as cheap as newsprint.
- Instructor Lindsey also recommends bringing something to hold your paper in (like a plastic bag) so that it doesn't get damaged in your pack.

BRUSHES: Lindsey likes to have one big brush that lets her have less control and one that allows for some fun line work. Below are a few of her favorite brushes; by no means do you need all of these!

- [Princeton Neptune Synthetic Squirrel Brush.](#)
- [Synthetic Squirrel Brush - Oval Wash, 1/2".](#)
- [Synthetic Squirrel Brush - Oval Wash, 1".](#)
- [Da Vinci Round, Short Handle, Size 14.](#)
- [Daler Rowney Graduate White Goat Oval Wash Paint Brushes.](#)

PAINTS: Lindsey recommends [Winsor & Newton Artist Series Tubes](#); Winsor & Newton Cotman have versions of these that can be less expensive and comparable, but Lindsey highly recommends the Artist Series if you can afford it. Be sure to squeeze your tube paint into your palette prior to arriving for the retreat! This helps keep your palette portable and avoid messes:

- Quinacridone Red.
- Alizarin Crimson.
- Rose Dore.
- Green Gold.
- Cadmium Yellow Medium.
- Quinacridone or Transparent Gold.
- Lemon Yellow.
- Naples Yellow.
- Indigo.

- Viridian Green.
- Cobalt Turquoise Light.
- Cerulean Blue.
- Ultramarine Blue.
- Phthalo

Blue.

PALETTE: You can either purchase an [Art Toolkit Palette](#) or make your own by bringing a white palette that has both space for mixing your paints and placing colors. If you have a half pan set that works, too — maybe just bring a plate for more mixing surface. Lindsey recommends buying some paints that are out of the standard palette. Be sure to squeeze your tube paint into your palette prior to arriving for the retreat! This helps keep your palette portable and avoid messes.

PENS: Lindsey recommends the [Uniball Vision Pen](#), [Micron Pens](#), or the [Lamy Safari Pen](#) (with a [refillable ink cartridge](#) and recommends [Higgins waterproof ink](#)).

THICK MARKER(s): Lindsey enjoys incorporating markers in her work and suggests [Copic Markers](#) or [general student grade markers](#) (colors and quantities of your choice)!

PENCIL: regular or mechanical. Don't forget a pencil sharpener if you bring a regular pencil! A small plastic baggie to catch pencil shavings is recommended as we practice Leave No Trace principles during all art programs. Lindsey also recommends [this colored mechanical pencil](#) with interchangeable leads, but a set of standard colored pencils or colored pens will also do just fine.

LEAK-PROOF WATER CONTAINERS: You'll need two small cups to hold water while painting and two containers to carry water. Collapsible cups are terrific for saving space when hiking, but not necessary for the workshop. Nalgene bottles or soft water bottles are great for carrying water — you'll need one to refill your water cup and one to carry out dirty paint water.

PAPER TOWELS, a sponge, or fabric to help clean your brush between colors.

SMALL WATER SPRAY BOTTLE

PAINTERS TAPE (optional)

BINDER CLIPS (optional)

GENERAL DAY SUPPLIES:

- **Backpack** to hold all your supplies and keep your hands free as you walk around.
- **Clipboard or piece of foam board** for support under your paper or sketchbook.
- **Portable stool, camping chair,** sitting pad, or towel to sit on.
- **Weather-appropriate attire** (waterproof jacket for unexpected rainstorms).

- **Sturdy, water-resistant hiking shoes or boots.**
- **Sunscreen, sunhat, and sunglasses.**
- **Personal first aid kit.**
- **Bug repellent.**
- **Lunch, snacks, and plenty of drinking water** (reusable bottle is handy for refills!).

Remember that you want to be able to carry your supplies efficiently. Come prepared with a setup that is compact enough to carry around and move from location to location. Striking a balance between comfort and efficiency is the key.

CAMPING GEAR & FOOD:

All camping gear and supplies are the responsibility of participants. Yosemite Conservancy does not provide camping gear to participants. We recommend using this [REI Camping Checklist](#) as you pack for your visit!

Participants must bring their own food for the duration of their visit. Need ideas? Check out this [REI Camp Kitchen Checklist](#) for a list of common food basics and cookware for camping.

Tuolumne Meadows generally has a grill and a small general store available during the summer season, in case you forget anything!