

Art Retreat Supply List

SKETCHBOOK of your choice! (140 lb minimum), size 8.5" x 11" or smaller. Rebecca uses an 8"x10" Stillman & Birn Nova series sketchbook with beige toned paper and a soft cover, although she's also considering the "mixed" pages with beige, grey and black pages for more versatility. A white paged sketchbook will also suffice and can be toned while out painting if desired. If your sketchbook doesn't have a hard cover, it can help to have support under your sketchbook while working in the field, like a clipboard or piece of foam board, if preferred.

GOUACHE TUBES (14 ml): Paint that has been squeezed and dried in a palette is great for saving space outside. Rebecca prefers Holbein and Winsor & Newton brands of gouache paint. Recommendations from her palette are listed below, but feel free to bring any gouache paint you already have! Rebecca suggests having a warm & cool tube of each primary color at minimum:

- Alizarin Crimson or Primary Magenta (cool red).
- Cadmium-free Red (warm red).
- Brilliant Yellow or Lemon Yellow (cool yellow).
- Yellow Ochre (neutral yellow).
- Aqua Blue (wonderful for skies).
- Cobalt Blue or Primary Cyan (cool blue).
- Ultramarine (warm blue).
- Large tube of "Permanent White" (Winsor & Newton). Note: keep this color in the tube and do not add to your palette!
- Additional, optional colors that Rebecca uses outside of the primary palette: Linden Green, Opera Pink, Marigold Yellow, Lilac, Spectrum Violet, and Burnt Sienna.

BRUSHES: In addition to your tried-and-true favorites, below are some suggested brushes! No need to spend a lot of money on brushes.

- 1" Flat Brush sizes 1", ½", ¼" or angled will work too. Recommended brands: Winsor & Newton Cotman One Stroke or Rafael Kaerell, or Blick flat brushes on the less expensive end.
- Round brush sizes 8 & 12.

WATERPROOF PENS: Please bring one or two black ink pens with waterproof ink. You can choose fine or brush nibs (or both) based on your personal preference. Suggested brands: Sakura Pigma Micron PN, Copic Multiliner, or Staedtler Pigment Liner Markers.

PENCIL & ERASER: Regular or mechanical. Rebecca's favorite is Blackwing Pearl. Don't forget a pencil sharpener and a small baggie to catch pencil shavings if you bring a regular pencil!

WATER CONTAINER: You'll need two small cups to hold water while painting and two containers to carry water. Collapsible cups are terrific for saving space when hiking and backpacking, but not necessary for the workshop. Nalgenes or soft water bottles are great for carrying water — you'll need one to refill your water cup and one to carry out dirty paint water.

VALUE FINDER (optional): Compose It Grid - Red tint

PAPER TOWELS, a sponge, or fabric to help clean your brush between colors.

SMALL WATER SPRAY BOTTLE

PAINTERS TAPE (optional)

BINDER CLIPS (optional)

GENERAL SUPPLIES (in addition to your art supplies):

- **Backpack** to hold all your supplies! This will help keep your hands free as you walk around.
- Hardboard: If your sketchbook does not have a hard cover, it can be convenient to have a support under your sketchbook while working in the field, such as a clipboard or piece of foam board.
- A portable stool, camping chair, sitting pad, towel or plastic trash bag to sit on.
- Water bottle for drinking water.
- Weather appropriate attire (packable waterproof jacket for unexpected rainstorms).
- Sunscreen/hat and sunglasses.
- Bug repellent.
- Lunch/snacks.
- **Bicycle** (optional; but can be helpful to bring to get around Yosemite Valley to different class locations!).

Remember that you want to be able to carry your supplies efficiently. Come prepared with a setup that is compact enough to carry around and move from location to location. Striking a balance between comfort and efficiency is the key.