



## SAMPLE BACKPACK & PAINT ITINERARY

Art Retreats are planned for your enjoyment and safety. This sample itinerary serves as an idea to help you understand what to expect. Please note:

- Participants are responsible for attending the Pre-Trip Meeting so that they are aware of trip logistics, emergency protocols, and trailhead location.
- The agreed-upon retreat schedule may change due to safety, weather, or other concerns. Changes will always be communicated with retreat participants.
- Retreat instructors may alter the schedule to incorporate sunrise or sunset painting into the schedule (if all retreat members are interested). If the day begins early for sunrise (or vice versa), the instruction period will conclude accordingly.

### DAY ONE

12–5 pm	Arrive to campground and set up tents for the evening.
5:30–6:30 pm	Pre-Trip Meeting: Art Programs staff will provide an overview of Leave No Trace, safety tips, and discuss painting locations for the following three days.
6:30 pm	Eat dinner, settle in for the evening, and get to bed early!

### DAY TWO

9– 10 am	Meet at trailhead. Remove all scented items from vehicles and place them inside bear boxes at trailhead parking.
10 am	Begin hiking out to wilderness camping spot! Hike at group pace and take breaks as needed.
1 pm	Arrive to camping spot, set up tents, and settle in. Eat lunch if you haven't already.
2–4:30 pm	Enjoy some light watercolor instruction and exercises!
5 pm	Return to camp, make dinner, and enjoy the evening

### DAY THREE

8 am	Eat breakfast and prepare for the day.
9 am–4:30 pm	Hike out to painting location for the day. Bring snacks and lunch with you!
5 pm	Return to camp, make dinner, and enjoy the evening.

### DAY FOUR

5 –7 am	Gather for sunrise painting.
7–8:30 am	Return to campsite, eat breakfast, and prepare for the day ahead.
8:30 am–12 pm	Enjoy some light watercolor instruction and exercises!
12– 1 pm	Eat lunch and pack up campsite/gear.
1–3:30 pm	Hike out to trailhead parking.
4 pm	Backpack and paint retreat concludes. All participants have the option to camp at the designated campground for the evening.

### DAY FIVE

11 am	All participants who opted to camp an extra night must check out of the campground.
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