



Art Retreat Supply List

Basic supplies for outdoor sketching are few and simple. The following is an expanded list with notes and explanations about each of the items. These are only suggestions! You are encouraged to bring your own familiar tools that may be similar, or of a different size, or brand.

- **Paper:** [Arches 140 lb cold press watercolor paper](#), 100% rag cut to your preferred size for painting (check out the [new horizontal and square format blocks](#), too).
- **Watercolor paints and palette**, Molly uses:
 - **Palette:** Alvin 18 pan with blue waterproof seal.
 - **Watercolor Paint** ([Daniel Smith tubes are Molly's recommendation](#)):
 - **Reds:** Cool: Permanent Alizarin Crimson; Warm: Pyrrol Scarlet.
 - **Blues:** Cool: Phthalo Blue (green shade); Warm: Phthalo Blue (red shade) or French Ultramarine Blue or Ultramarine Blue.
 - **Yellows:** Cool: Hansa Yellow Light; Warm: Hansa Yellow Medium.
 - **Violet:** Carbazole Violet.
 - **Browns and Golds:** Quinacridone Burnt Orange, Yellow Ochre or Raw Sienna (you can substitute Burnt Umber or Burnt Sienna for the Quinacridone Burnt Orange).
 - **Other colors you may want to add in order of their usefulness:** Cobalt Blue, Hansa Yellow Deep or New Gamboge, Perylene Green, Perinone Orange, Indanthrone Blue, Chinese White or [Winsor and Newton Permanent White gouache](#)-it has more covering power than Chinese White watercolor paint.
- **Brushes:** sable or sable/synthetic blend watercolor brushes: #6 and #4 round, ¾" flat.
 - Other sizes and types are optional. Do not buy a synthetic brush #8 or greater in size: they are too stiff and do not lay smooth washes. Synthetics are fine for #4 and smaller sizes. Molly likes [Da Vinci Maestro](#) sable rounds, but they are expensive. A sable/synthetic blend works well and is cheaper. Other brushes she likes using are smaller flat brushes with chisel edges (which are useful for softening edges, and lifting out), riggers or liners for small line work.
- **HB pencil** for under-sketches.
- **Artist eraser** (Molly likes white Mars plastic, made by Staedtler).
- **Portable, lightweight, easel and stool** or a sit pad for working on the ground. Some people may choose to bring a lightweight table or campstool to place their palette, water and brushes.
- **Lightweight board** for paper mounting for ease of painting if you use single sheets with clips or rubber bands.
- **Water and a water container**, and an old water bottle for containing dirty paint water (paint water is only to be disposed of in a sink, so the dirty water and pigments go into the sewer and water treatment plant, NOT on the ground).
- **Masking tape or painters' tape.**
- **Paper towels.**

EQUIPMENT & GEAR TO BRING

Keep in mind this workshop is in Yosemite Valley at 4,000 ft of elevation; temperatures can be warm during the day and cold at night. How well you are prepared for the weather can have a direct influence on how much you enjoy your weekend. Clothing should be suitable for a wide range of conditions including rain, wind and cold. The following items serve as a basic checklist:

Personal gear

- Seasonally appropriate clothing, including warm and rain-resistant layers.
- Sunscreen/Hat.
- Sturdy, water-resistant hiking shoes or boots.
- Toiletry items, a towel, alarm clock and flashlight or headlamp.
- Personal first aid kit (e.g., moleskin, bandages, aspirin).
- Small daypack or tote bag to carry your lunch, paint supplies, and personal items during the day.
- Water bottle for drinking water.
- Lunch, extra snacks/drinks/food.