



Art Retreat Supply List

- **SKETCHBOOK** of your choice. Select a watercolor sketchbook with paper suitable for pen, ink, and thick enough for watercolor. Any format is okay: portrait, landscape, or square; size 8.5" x 11" or smaller. Rachel enjoys the [Stillman & Birn Beta series sketchbooks](#).
- **WATERCOLORS IN A PORTABLE CONTAINER:** Paint that has been squeezed and dried in a palette ([Expeditionary Art](#) has amazing travel palettes) is great for saving space outside. Some of Rachel's favorite [Daniel Smith pigments](#) are Hansa Yellow Medium, Monte Amiata Natural Sienna, Pyrrol Scarlet, Quinacridone Rose, Deep Scarlet, Indanthrone Blue, Cerulean Blue Chromium, Neutral Tint, and Prussian Blue. If you're newer to watercolor, you can purchase a [complete kit like this one from Winsor and Newton](#) (or [this one](#) which is a little more expensive, but artist/professional grade paint). Assemble and arrange your palettes prior to arriving in Yosemite! This will save you the hassle of assembling on location and allow you to paint right away!
- **BRUSHES:** Rachel recommends at least one larger round brush (size 8 or 10) and one smaller round brush for details (size 4 or 6). You can bring additional sizes and brush shapes if you have them. [Princeton brand brushes](#) are good and if you're interested in travel friendly brushes, [Da Vinci](#) makes a line of foldable paint brushes.
- **WATERPROOF PENS:** Please bring one or two black ink pens with waterproof ink. You can choose fine or brush nibs (or both) based on your personal preference. Suggested brands: Sakura Pigma Micron PN, Copic Multiliner, or Staedtler Pigment Liner Markers.
- **PENCIL:** regular or mechanical. Don't forget a sharpener if you bring a regular pencil!
- **ERASER:** kneaded or white plastic.
- **WATER CONTAINER:** collapsible ones are terrific for saving space. Bring a full water bottle to fill your water cup and a bottle to carry out used paint water — we will be following Leave No Trace ethics in this workshop.
- **PAPER TOWELS**, a sponge, or fabric to help clean your brush between colors.

GENERAL SUPPLIES (in addition to your art supplies):

- **Backpack** to hold all your supplies! This will help keep your hands free as you walk around.
- If your sketchbook does not have a hard cover, it can be convenient to have a support

under your sketchbook while working in the field, such as a **clipboard or piece of foam board**.

- **A portable stool, camping chair**, sitting pad, towel or plastic trash bag to sit on.
- **Water bottle** for drinking water.
- **Weather appropriate attire** (packable waterproof jacket for unexpected rainstorms).
- **Sunscreen/hat and sunglasses**.
- **Bug repellent**.
- **Lunch/snacks**.
- **Bicycle** (optional; but can be helpful to bring to get around Yosemite Valley to different class locations!).

Remember that you want to be able to carry your supplies efficiently. Come prepared with a setup that is compact enough to carry around and move from location to location. Striking a balance between comfort and efficiency is the key.