



Art Retreat Supply List

Paper: 9"x12" or 12"x16" pad or block of 140 lb Cold Press Watercolor paper is recommended. Steve likes [Arches 140lb Cold Press \(green cover\)](#), but any good brand will suffice. You can choose to work larger if you wish, but remember, we will be painting outside with changing light conditions. Smaller sizes of paper allow you to get something accomplished without being overwhelmed.

Brushes: for the size paper noted above, your "workhorse" will be a #10 or #12 round brush. Steve likes sable brushes, but they are expensive. Synthetics work fine and are much less expensive, but they carry less water. It is good to have a smaller brush too, such as a #6 round. A 3/4" or 1" flat brush is useful too, for more "chiseled" shapes.

- A bamboo roll-up mat or brush holder folder is a good idea to keep your brushes organized and protected.

Paints: can be purchased as a pan set with pre-measured cakes of paint, or you can buy tubes of paint and a blank palette and lay out your own set-up. You want to have a "working palette" with plenty of mixing area. Once you have your palette set up, you put your tubes away and work directly from your palette. In general, Steve likes to have the following colors, though some variation is fine:

- Lemon Yellow.
- Cadmium Yellow.
- Alizarin Crimson.
- Cadmium Red.
- Hookers Green.
- Sap Green.
- Yellow Ochre.
- Burnt Sienna.
- Burnt Umber.
- Cerulean Blue.
- Ultramarine Blue.
- Payne's Gray.

Outdoor Equipment

You'll need to be prepared to paint comfortably outdoors. Common sense prevails, but here are some specifics that will be helpful:

- **Lightweight board** (masonite or thick foam-core “gator board”) — Taping your watercolor paper to the board provides a sturdy surface, especially if you've purchased single sheets of watercolor paper or a pad. If you purchase your paper in a block, you will not need a board, which is the purpose of a block of paper.
- **Water container(s)**: Nalgene screw-top bottles can be found at many camping stores — these allow you to transport water into and out of the field. Choose a container with a watertight lid so it doesn't leak in your bag. **Size 4-8 oz** is good. You may also choose to bring a **collapsible water cup** or empty yogurt container, but your dirty paint water will need to be carried with you out of the field (to ensure that we follow leave-no-trace guidelines).
- **Lightweight stool** or folding chair.
- **Small, portable table** (TV dinner folding table) to hold supplies.
- **Masking tape or painters' tape.**
- **Paper towels.**

EQUIPMENT & GEAR TO BRING

- Water bottle for drinking water.
- Weather appropriate attire.
- Sunscreen/hat.
- Lunch/snacks.