



## Art Retreat with Lindsey Fox

*Please bring all the supplies you'll need for this workshop with you to the park. Happy Isles Art & Nature Center only carries a limited supply of student grade materials and may not have everything listed on this packing list.*

### ART SUPPLIES TO BRING (suggested by Lindsey)

**PAPER:** Arches 190- or 250-lb cold press paper, loose sheets and/or sketchbook with watercolor paper. Any size is fine, just keep in mind you will have to carry this around! Lindsey also recommends bringing something to hold your paper in (like a plastic bag) so that it doesn't get damaged in your pack.

**BRUSHES:** Lindsey likes to have one big brush that makes her not have as much control and one that allows for some fun line work. Below are a few of her favorite brushes; by no means do you need all of these!

[Princeton Neptune Synthetic Squirrel Brush](#)

[Synthetic Squirrel Brush - Oval Wash, 1/2"](#)

[Synthetic Squirrel Brush - Oval Wash, 1"](#)

[Da Vinci Round, Short Handle, Size 14](#)

[Daler Rowney Graduate White Goat Oval Wash Paint Brushes](#)

**PAINTS:** Lindsey recommends [Winsor & Newton Artist Series Tubes](#); Winsor & Newton Cotman versions of these can be less expensive and comparable, but she highly recommends the Artist Series if you can afford it:

- Quinacridone Red
- Cadmium Red
- Alizarin Crimson
- Green Gold
- Cadmium Yellow Medium
- Lemon Yellow
- Indigo
- Cobalt Turquoise Light
- Phathlo Blue

**PALETTE:** You can either purchase an [Art Toolkit Palette](#) or make your own by bringing a white palette that has both space for mixing your paints and placing colors. If you have a half pan set that works too, maybe just bring a plate for more mixing surface. I recommend buying some paints that are out of the standard palette, it's more interesting that way. I am also a very big fan of reusing things that you find around the house. I like using 6pack plastic carriers as a place to put paint too!

**PENS:** The most important thing is that your pens are waterproof! A few options:

- [Uniball Vision Pen](#)
- [Micron Pens](#) (there's also a [PN version](#) with slightly different nibs)

**PENCIL:** Regular or mechanical. Don't forget a pencil sharpener if you bring a regular pencil! A small plastic baggie to catch pencil shavings is recommended as we practice "Leave No Trace" during all art programs.

**ERASER:** kneaded or white plastic

**WATER CUPS:** Two talenti (ice cream) containers or sealable plastic containers for watercolor water (one will be for dirty paint water and the other for clean water).

**BINDER CLIPS** for holding your sketchbook pages down

**PAPER TOWELS**, a sponge, or fabric to help clean your brush between colors.

## SUGGESTED EQUIPMENT & GEAR TO BRING

You'll need to be prepared to paint comfortably outdoors. Common sense prevails, but here are some specifics that will be helpful:

- **Backpack** to hold all your supplies! This will help keep your hands free as you walk around.
- If your sketchbook does not have a hard cover, it can be convenient to have a support under your sketchbook while working in the field, such as a **clipboard or piece of foam board**.
- **A portable stool, camping chair**, sitting pad, towel or plastic trash bag to sit on.
- **Water bottle** for drinking water
- **Weather appropriate attire** (packable waterproof jacket for unexpected rain storms)
- **Sunscreen/hat and sunglasses**
- **Lunch/snacks**
- **Bicycle** (optional; but can be helpful to bring in order to get around Yosemite Valley to different class locations!)