



## Art Retreat with Rachel Fisher

*Please bring all the supplies you'll need for this workshop with you to the park. Happy Isles Art & Nature Center only carries a limited supply of student grade materials and may not have everything listed on this packing list.*

### ART SUPPLIES TO BRING (suggested by Rachel)

There are many choices of sketchbooks and paints! Those listed are suggestions only. If you have a sketchbook you enjoy, bring it! Your watercolor paint should be a simple travel set with some of the colors (or similar) listed below.

**SKETCHBOOK** of your choice. Select a watercolor sketchbook with paper suitable for pen, ink, and thick enough for watercolor. Any format is okay: portrait, landscape, or square; size 8.5" x 11" or smaller. Rachel enjoys the [Stillman & Birn Beta series sketchbooks](#).

**WATERCOLORS** in a portable container. Paint that has been squeezed and dried in a palette ([Expeditionary Art](#) has amazing travel palettes) is great for saving space outside. Some of my favorite [Daniel Smith pigments](#) are Hansa Yellow Medium, Monte Amiata Natural Sienna, Pyrrol Scarlet, Quinacridone Rose, Deep Scarlet, Indanthrone Blue, Cerulean Blue Chromium, Neutral Tint, and Prussian Blue. If you're newer to watercolor, you can purchase a [complete kit like this one from Winsor and Newton](#) (or [this one](#) which is a little more expensive, but artist / professional grade paint). Please make sure to assemble and arrange your palettes prior to arriving in Yosemite! This will save you the hassle of assembling on location and allow you to paint right away!

**BRUSHES** Rachel recommends at least one larger round brush (size 8 or 10) and one smaller round brush for details (size 4 or 6). You can bring additional sizes and brush shapes if you have them. [Princeton brand brushes](#) are good and if you're interested in travel friendly brushes, [Da Vinci](#) makes a line of foldable paint brushes.

**WATERPROOF PENS** Please bring one or two black ink pens with waterproof ink. You can choose fine or brush nibs (or both) based on your personal preference. Suggested brands: Sakura Pigma Micron PN, Copic Multiliner, or Staedtler Pigment Liner Markers.

**PENCIL:** Regular or mechanical. Don't forget a pencil sharpener and a small baggie to catch pencil shavings if you bring a regular pencil!

**ERASER:** kneaded or white plastic

**WATER CONTAINER:** You'll need one or two small cups or jars for water. Collapsible cups are terrific for saving space when backpacking, but not necessary for the workshop. Bring a full water bottle to fill your water cup and a bottle to carry out use

**PAPER TOWELS,** a sponge, or fabric to help clean your brush between colors.

## OPTIONAL SUPPLIES

- If your sketchbook does not have a hard cover, it can be convenient to have a support under your sketchbook while working in the field, such as a **clipboard or piece of foam board**.
- **A portable stool, camping chair**, towel or plastic trash bag to sit on. It is possible the ground will be damp as weather is unpredictable.
- **WATERCOLOR COLORED PENCILS:** Watercolor Pencils are great for sketching and then painting over. I recommend bringing two or three that are lighter pigments light gray, blue, or sienna. Suggested brands: Prismacolor, Derwent, and Faber-Castell.
- **WATER SPRAY BOTTLE** to spritz your watercolors
- **BINDER CLIPS** for holding your sketchbook pages down
- **LARGE RUBBER BANDS** for holding your sketchbook open or holding paper towels around your wrist.
- Please bring any favorite tools or colors that have proven “tried-and-true” for you. Although we will be focusing on pen and watercolor you can bring other materials like colored pencils to explore with.

## EQUIPMENT & GEAR TO BRING

How well you are prepared for the weather can have a direct influence on how much you enjoy your weekend. Clothing should be suitable for a wide range of conditions including rain, wind and cold. The following items serve as a basic checklist:

## PERSONAL GEAR

- Seasonally appropriate clothing, including warm and rain-resistant layers
- Sunscreen/Hat
- Sturdy, water-resistant hiking shoes or boots
- Toiletry items, a towel, alarm clock and flashlight or headlamp
- Personal first aid kit (e.g., moleskin, bandages, aspirin)
- Small daypack or tote bag to carry your lunch, paint supplies, and personal items during the day
- Thin gloves just in case
- Water bottle for drinking water
- Lunch, extra snacks/drinks/food