

Suggested Nature Journaling Pack List Yosemite Outdoor Adventures Yosemite Conservancy

Welcome to Yosemite Outdoor Adventures!

WHAT TO WEAR:

Check the weather before you pack. Dress for mountain conditions, which means it could be stormy or hot, or both. The program continues rain or shine, so come prepared for any weather with layered clothing and waterproof outerwear, as well as sturdy footwear. be sure to dress appropriately for the season. In general, you should wear hiking boots for foot and ankle support on day hikes over a mile. Trails are not paved; you will be walking over varying conditions, including an occasional stream crossing.

EQUIPMENT & GEAR TO BRING:

You'll need to bring the following gear for this class:

- Daypack with lunch, snacks and plenty of water at least 2 liters per day
- Rain gear
- Bathroom Kit: toilet paper and a plastic bag for packing out
- Waterproof shoes or hiking boots
- □ Sun protection: strong sunscreen, sun hat, and sunglasses

OPTIONAL ITEMS:

- Trekking poles
- Field guide
- Notebook/pencils, sketchbook, journal-if you have your own supplies that you prefer feel free to bring them or they will be provided
- □ Watercolors & colored pencils (some will be available but not for each individual, you'll need to share
- Camera
- Binoculars
- Hand Lens
- □ A piece of an ensolite pad or a small ground cloth is handy to sit on when we stop for lunch.

DRIVING

Also, do not forget to fill your gas tank BEFORE you reach the park. There is no gas available in Yosemite Valley. The Crane Flat Gas station (on Hwy. 120) is the only one that usually remains open in the park in the winter and has limited hours.

Questions? Reach us at 209-379-2647 or <u>adventures@yosemite.org</u>