



## Art Retreat with Janet Takahashi

*Please bring all the supplies you'll need for this workshop with you to the park. Happy Isles Art & Nature Center only carries a limited supply of student grade materials and may not have everything listed on this packing list.*

### ART SUPPLIES TO BRING (suggested by Janet)

Basic supplies for outdoor sketching are few and simple. Following is an expanded list with notes and explanations about each of the items. These are only suggestions. You are encouraged to bring your own familiar tools that may be similar, or of a different size, or brand.

- SKETCHBOOK: Select a sketchbook with a paper that takes multi-media, suitable for watercolors and pen & ink. Spiral bound is nice, because it can be flipped back onto itself. Perfect bound sketchbooks allow you to sketch across the centerfold.
  - Format : Portrait, Landscape or Square
  - Sketchbook size is your choice
  - Hot pressed or cold pressed paper, your preference.
  - (Some brand suggestions: Stillman & Birn, Strathmore Visual Journal, Moleskine, Pentellic, Canson, Global Arts Handbook Journal, Aquabee Super Deluxe Sketchbook, Etchr and others.)
- WATERCOLORS, a portable travel set.
- BRUSHES:
  - 2 round brushes: a small and large round (small #4 and a medium or large #8 or #10)
  - ½" flat brush
  - 1 wash brush – holds more water and is good for sky washes and large areas.
  - (Note: Brush sizes are not consistent between manufacturers. A Waterbrush is a good portable field brush, as it carries water in the plastic barrel.)
- HB or 2B pencil.
- COLORED PENCILS: a few, approximately 6-8 colors of your choice. Note: there are Watercolor Pencils that can be used wet or dry, optional. (I like to use the color indigo).
- PENCIL SHARPENER – small lightweight hand-held variety, with a reservoir that holds your pencil shavings is good for nature ... *"leave no trace."*
- ERASER - kneaded and/or white plastic.
- Fineliner waterproof Pen - PIGMA MICRON PEN, black, size #01 or size of your choice. Sepia color is also nice for nature drawings. (Pitt Artist Pen black, fine nib is another good brand option.)
- PENS: Any favorite pens you love and use for note-taking/drawing. Keep it simple. (e.g., ballpoint, rollerball, gel pen, fountain pen, calligraphy, brush marker, etc.)
- WATER CONTAINER - This could be a small collapsible water bowl or a small plastic container for your watercolors.

- Water SPRAY Bottle, small – to refresh your watercolors, optional.
- GLUE STICK
- SCISSORS – small
- MASKING TAPE or DRAFTING TAPE.
- PAPER TOWELS, a few. A sponge can also be used with your watercolors in the field and will reduce the amount of paper towels needed. I carry a sponge in a plastic travel soap container.
- A SUPPORT BOARD for your sketchbook in the field. It could be a clipboard, hardboard, or similar.
- Pair of BULLDOG CLIPS, binder clips, or pair of large rubber bands for holding your sketchbook pages open.
- For Sitting: PORTABLE STOOL, lightweight, collapsible or fold-up type, OR towel or plastic, as the ground may be damp due to weather.

## EQUIPMENT & GEAR TO BRING

Check the weather before you pack. Dress for mountain conditions, which means it could be stormy or hot, or both. The program continues rain or shine, so come prepared for any weather with layered clothing and waterproof outerwear, as well as sturdy footwear.

- Daypack with lunch, snacks and plenty of water
- Rain gear
- Bathroom Kit: toilet paper and a plastic bag for packing out
- Waterproof shoes or hiking boots
- Sun protection: strong sunscreen, sun hat, and sunglasses

## OPTIONAL ITEMS

- Field Guide
- Camera
- Binoculars
- Hand Lens

## PROVIDED MATERIALS, AS NEEDED

- Stool
- Hardboard