



## Art Retreat with Nikki Frumkin

*Please bring all the supplies you'll need for this workshop with you to the park. These materials will not be available once you arrive in Yosemite, as our indoor store at Happy Isles remains closed during the ongoing pandemic.*

### ART SUPPLIES TO BRING

**PAPER** or sketchbook: Think about having a handful of cheaper paper for practicing and sketching as well as a few sheets of nicer paper for work you will spend longer on. I have been working big on Arches 22" x 30" Cold Press, 400lb (850 gsm). This can be torn down to smaller sizes as well.

**PENS, PENCILS** and **ERASERS**: Bring a few of any kind, so long as they are waterproof. I have been excited about Tombow brush pens (make sure they are waterproof).

**BRUSHES**: bring large brushes if using large paper. Smaller paper allows for smaller brushes. I like waterbrushes for plein air painting. Waterbrushes can hold water in the handle, brand doesn't matter so much with these.

**PAINT**: Bring watercolor paints. If you already own a set you love using, please bring them. I also have watercolor palettes to share if you can't find something that works for you. If you are buying colors, here are a few of my favorites: Schmincke Indigo, Cerulean Blue, a warm yellow and Magenta. Arttoolkit.com makes great travel watercolor kits that I use.

**MASKING FLUID** (optional): I love Finesline Masking Fluid Pen 20 Gauge w/Masking Fluid because of its easy-to-use applicator. We might have time to do some starry nights depending on group interest which is where the masking fluid comes in :)

**PAPER TOWELS**, tissues or toilet paper. I like the blue shop towels because they last a long time.

### WATER CONTAINER

Any **REFERENCE PHOTOS** you have and love of landscapes, starry skies, sunsets, dramatic lighting or favorite adventures. This can be on your phone. What gets you excited?

**\*\*My philosophy on materials is that the things you already know and use are good enough. I don't ask people to buy specific colors or paper they might not ever use again. Please use this list as a guide and bring what works best for you.**

## EQUIPMENT & GEAR TO BRING

How well you are prepared for the weather can have a direct influence on how much you enjoy your weekend. Clothing should be suitable for a wide range of conditions including rain, wind and cold. The following items serve as a basic checklist:

### **Personal gear**

- Seasonally appropriate clothing, including warm and rain-resistant layers
- Sunscreen/hat
- Sturdy, water-resistant hiking shoes or boots
- Toiletry items, a towel, alarm clock and flashlight or headlamp
- Personal first aid kit (e.g., moleskin, bandages, aspirin)
- Small daypack or tote bag to carry your lunch, paint supplies, and personal items during the day
- Thin gloves just in case
- Water bottle

### **Optional**

- Thermal mug
- Book to read
- Camera, binoculars
- Sketchbook or other art to share with the group
- Camp chair or sit pad
- Lunch, extra snacks/drinks/food

## PROVIDED MATERIALS, AS NEEDED

- Stool
- Hardboard