



Backpack and Paint Art Retreat with Lora Spielman

Please bring all the supplies you'll need for this workshop with you to the park. These materials will not be available once you arrive in Yosemite, as our indoor store at Happy Isles remains closed during the ongoing pandemic.

ART SUPPLIES TO BRING

Paper:

Sketchbook of your choice. Select a watercolor sketchbook with paper suitable for pen ink and thick enough for watercolor (140lb strongly recommended). Any format is okay: portrait, landscape or square; Size 8.5" x 11" or smaller.

Paint:

Watercolor tube paint that's been squeezed and dried in a palette is great for saving space outside! Some of my favorite Daniel Smith pigments are Hansa Yellow Medium, New Gamboge, Indian Red, Pyrrol Crimson, Quinacridone Magenta, Perylene Green, Sap Green, Cerulean Blue Chromium, Ultramarine Blue, Raw Umber, and Neutral Tint (Payne's Gray works well too).

Palette: Bring a lightweight palette of your choosing. Lora uses a slightly larger [Mijello palette](#) that is lightweight and leak-proof because it gives her a lot of space to mix paint. Some painters prefer a compact palette because it is easy and lightweight to throw into your backpack for on-the-go painting. If you prefer a small palette, you can bring an additional [mixing tray](#)!

Brushes:

Two round watercolor brushes: At least one larger brush (size 8 or 10) and one smaller brush for details (size 4 or 6). You can bring additional sizes and brush shapes if you have them. Water brushes work great for traveling since you can fill the plastic barrel of the brush with water and paint anywhere. Recommended brands: [Faber Castell](#), [Niji](#), or [Pentel](#).

Pens:

Bring a black ink pen with waterproof or water-resistant ink. Suggested brands: Sakura Pigma Micron pens and Sakura Fudenosuke (soft and hard tipped) brush pens. White Gel pens are great for highlighting

Pencil:

Regular or mechanical. Mechanical is a good idea for backpacking because it doesn't require sharpening; make sure to bring extra lead. If you bring a regular pencil, don't forget a pencil sharpener!

Eraser:

Kneaded or white plastic

Water Container:

Collapsible water containers are highly recommended for this backpacking workshop as they are lightweight and will save space. The bottom part of a flat bottom snack bag works great, packs up small, and weighs next to nothing! Otherwise, a small yogurt container or something similar works just fine.

Water bottle:

Bring a full water bottle to fill your water cup and an empty bottle to carry out used paint water – we will be following Leave No Trace ethics in this workshop! I like using these Platypus Soft Bottles because they are lightweight and reusable.

Paper Towels, a sponge, or fabric to help clean your brush between colors.

Ziploc Bag to capture any micro trash. Since we are painting as part of a backpacking trip, we need to be sure to pack out any trash we might have!

OPTIONAL ART SUPPLIES (keep in mind you have to carry what you bring)

- A portable stool, sitting pad ([inflatable](#) or [foam](#) versions work great), or plastic trash bag to sit on. It is possible the ground will be damp as weather is unpredictable.
- Spray bottle to spritz your watercolors
- Binder clips for holding your sketchbook pages down
- Large RUBBER BANDS for holding your sketchbook open or holding paper towels around your wrist.
- Please bring any favorite tools or colors that have proven “tried-and-true” for you. Although we will be focusing on pen and watercolor you can bring other materials like colored pencils to explore with.

EQUIPMENT & GEAR TO BRING

See suggestions in our [backpacking supplies list](#).