

# OUTDOOR ADVENTURES

### SUGGESTED GEAR LIST FOR SNOWSHOEING

### WHAT TO WEAR:

Dress for winter conditions! Program continues rain or shine, so come prepared for any weather with layered clothing and waterproof outerwear. We recommend long underwear, fleece outwear, parka or shell and waterproof hiking boots. Do not wear cotton. Don't forget hats, gloves and extra socks! Sun protection will be very important if it's clear. It can get very warm while traveling, and cool when not. You will want to be able to shed layers. On a sunny day even down to a t-shirt while trekking.

• We recommend checking the weather <u>here</u> for updates before you arrive

# **EQUIPMENT & GEAR TO BRING:**

You will want to be prepared to be out on the trail for the whole day.

- Daypack with lunch, snacks and plenty of water at least 2 liters
- Snowshoes (if you have them). For those who don't, snowshoes are provided.
- Trekking poles are not included
- Hiking boots or Bean or Sorrell-type boots (for use with snowshoes)
- Gaiters
- Sun protection: strong sunscreen, sun hat, and sunglasses
- Toilet paper and bag to pack it out-there are no restrooms in the wilderness so you will be using the woods. All trash must be packed out. Your instructor can assist with questions.

We also suggest the following equipment:

- Field guides
- Notebook/pencils, sketchbook, journal
- Camera
- A piece of an ensolite pad or a small ground cloth is handy to sit on when we stop for lunch.

## **DRIVING IN WINTER**

In addition, your vehicle should be prepared for winter conditions. This includes: having a good ice scraper/snow brush and snow shovel in your car, making sure your radiator has fresh antifreeze, checking your tire chains for fit and making certain your auto battery is in good condition. Most of the time, chains are not required if you have a 4-wheel drive vehicle running M&S rated tires, however Park officials do require even 4-wheel drive vehicles to carry tires chains in case the roads get really icy. Also, do not forget to fill your gas tank BEFORE you reach the park, as there is no gas available in Yosemite Valley.

There are three entrances to Yosemite Valley in the winter: Hwy 120 to the NW, Hwy. 140 to the W and Hwy 41 to the SW. If it is snowing down to 4000', it is recommended that you enter the park via Hwy 140. It's the lowest entry and you have the least chance of having to chain up your vehicle. Both other entry roads traverse higher country and they are more likely to have snowy roads. I highly recommend arriving before dark.

For questions please contact Kylie Chappell, Outdoor Adventure Coordinator at 209-379-2317x10 or kchappell@yosemiteconservancy.org

## YOUR PARTICIPATION SUPPORTS THE PARK

Yosemite Conservancy preserves and protects Yosemite and enhances the visitor experience. Proceeds from Outdoor Adventures are used to fund trail repair & access, habitat restoration, and wildlife protection. Join us in providing for the future of Yosemite.

vosemiteconservancy.org.

